



Dr. Alan L. Rubinstein

August 27, 1936 - September 28, 2018

In lieu of Flowers, please make Donations in Dr. Alan L. Rubinstein name to any charity of choice or the Kidney Foundation at <https://www.kidney.org/>

Cemetery Details

Eternal Light Cemetery

11520 State Rd. 7
Boynton Beach, FL 33473

Previous Events

Service

OCT 2. 10:00 AM - 11:00 AM (ET)

Sinai Memorial Chapels
15120 Jog Rd.
Delray Beach, FL 33446
(561) 865-1747

Tribute Wall



“ *Dr. Alan L. Rubinstein*

January 29, 2023 at 12:14 PM



“ *I just came across Dr. Alan's obituary and it saddened me. I have thought about Dr. Alan often over the years and had hoped that he was enjoying his retirement. Dr. Alan was my OBGYN Dr. who delivered both of my daughters. My oldest in June of 1989 and my youngest in 1994. When my oldest daughter was born Dr. Alan came into my hospital room and gave my husband and I a little bottle of champagne along with a bib that said " I got my first hug from Dr. Alan" - I still have both to this day. Not sure how the champagne would taste after all these years. Dr. Alan was an amazing, loving and caring man. It was very obvious how much he cared for his patients. I will continue to fondly think of him and reflect on the memories I have of one of the most amazing doctor's ever. My deepest sympathy's to the entire Rubinstein family. Valerie Harrison*

Valerie Harrison - December 07, 2022 at 11:42 AM



“ *I loved Alan as my gynecologist and as a friend; he was a very special person and he will be greatly missed. He and my late husband, Dr. Fritz Beauboeuf, respected and admired each other. My deepest and most heartfelt condolences to Roberta, his sons, and the grandchildren. Cher Alan, que la terre te soit légère. Gladys Beauboeuf.*

Gladys Beauboeuf - October 15, 2018 at 08:49 PM

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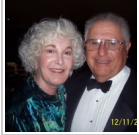
“ Sending sincere condolences from the Sakarya family. Hanife Sakarya, my mother wishes to express her sorrow at Dr. Rubenstein's passing and I'd like to share a very dear memory. Dr. Rubenstein (at the urging of my late father Dr Ismet Sakarya) volunteered to speak to me after the birth of my son Reis, over 19 years ago, when Reis almost died in utero, from asphyxia due to a double knotted umbilical cord. I was in a terrible emotional state, searching for answers while my son lay unresponsive in the NICU. Reis was born seizing with an apgar score of 2. He remained in a comatose state for 6 weeks after birth and my own obstetrician in NJ and his partners had closed down communication with me over my otherwise unremarkable pregnancy history. I was trying to understand what had gone wrong, and ruminating over the sequence of events that lead to the precipitous labor and birth of my son in such terrible shape. As I described all this to Dr. Rubenstein over the phone, I remember quite clearly that he very calmly and kindly gave me an education in umbilical cords and how cord 'accidents' can occur in utero, and then I'll never forget, He said "Fatima, you shouldn't blame yourself. There's nothing that you could have done to prevent this." I still get teary eyed when I remember that, because somehow over the phone, from our brief conversation, he was able to discern that I was in fact blaming myself. Dr. Rubenstein gave me permission to drop the burden of guilt at that moment. It was the start of the healing process for me. The memory of that has always stayed with me and I felt so blessed to have had that conversation with him. May his memory be a blessing.

Fatima Sakarya - September 30, 2018 at 09:29 PM

GS

“ Larry and Gloria Siegel send our sincere condolences to Roberta and the family. Alan was a wonderful man and was loved by all!

Gloria Siegel - September 30, 2018 at 02:48 PM



“ 1 file added to the tribute wall



Martin Schwartzberg - September 30, 2018 at 09:49 AM